Key message
Implement MHPSS interventions based on IASC MHPSS pyramid and strengthen existing mechanisms aiming resilience and sustainability.
Enhance risk communication among all related entities including target vulnerable population.

Good practices for vulnerable population

Older people

- Super-aged society
- Day care continued with highest hygiene standard.
- Visiting care continued with highest hygiene standard.
- Long term care with limited visitors.
- Information sharing among the welfare disaster response organizations.

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Women

- Increased in domestic labor and IPV risk per working at home
- 47% single mothers concerned decreased income (figure 1)
- Food distribution for single mother house holds: Good eats food distribution (e.g. Good Neighbors Japan)
- Continue to open public and private IPV hotlines

Low SES households

- Micro loan with no interests (managed by municipal welfare councils)

Children

- Prolonged school closure
- 961 Children’s voice delivered to the parliament, MoH and MoE (conducted by Save the Children Japan)
  - 20% feeling isolated
  - 30% wanting to go out
  - 18.1% fear of infection
  - 15.3% unable to concentrate study
- Development of COVID19 lecture materials for students including stress check and psychoeducation based on WHO/UNICEF/IFRC recommendations.
Responders

- Stress from demand for high volume infection patient management and stigma from society.
- Online resources for primary care providers. (developed by Japan Primary Care Association)
- Advocate de-stigmatization.

Bereaved family

- Unable to proceed traditional rituals for funeral.
- Remote funeral ceremony.

Public population

- Personal health check and information distribution with LINE bot.
- Hotline connect to public health nurses or nurses of public health centers.
- Psychoeducation websites: e.g. Kokoronokamae.umin.jp, Japan Red Cross MHPSS etc.
- Medical organization provides resources for general population.

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